

“DIFFERENT VOICES: THE EVOLUTION OF THE MILAN MODEL”

WORKSHOPS WITH UMBERTA TELFENER

April 27 – 28 and April 29, 2020 Tallinn, Estonia



Kiira Järv Family Therapy Training Center invites participants to Milan Systemic Family Therapy Model training. The aim of this training is to deepen the experiences of participants and to learn to apply both Boscolo and Cecchini ideas and also the new ideas developed by the teachers of Milan Systemic Family Therapy method.

Umberta Telfener delivers 2 workshops: The first one is a 2-day workshop (April 27-28, 2020) and the second one a 1-day workshop (April 29, 2020).

Workshop April 27 – 28, 2020

Workshop is intended for family therapists and other specialists working with families who have studied Milan Systemic Family Therapy and are eager to learn more about it. Prerequisite to participation is family psychotherapy competence training level I (Introduction to family psychology and family therapy) completed.

Workshop content, day 1:

- Practicing family system observation based on Milan Systemic Family Therapy model.
- Covering systemic hypothesising, circular questioning, maintaining curiosity, neutrality and other key concepts from the Milan Systemic Family Therapy and practicing using them in working with families.

Workshop content, day 2:

- Therapeutic relationship as the basis of therapy - strategies and techniques to enhance the relationship.
- Focussing on therapeutic process as a second-order process to all phases: designing observing system, addressing the person referring the family to therapy, analyzing the request and expectations, reformulating the request, contract, intervention/provocation and attention to the subsequent feedback, seeking links to the symptom in the family history, seeking system-wide isomorphism.
- New approaches of the Milan school

Cost of the workshop, April 27-28

- Registration fee until March 10 is 180 euros
- Registration fee after March 10 is 210 euros
- For family therapy students (II and III level training) reduced fare is 150 euros

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Workshop April 29, 2020

Workshop is intended for practicing family therapists and family therapy competence training level II and III students. The cases brought in by the participants and the therapist's own complicated situations will be dealt with in the workshop.

Workshop content

Focus is on family therapist as a professional, his/her emotions, risks in mixing with the family system at work and losing neutrality and the ability to intervene in the family system looking for help. The ethical, esthetical and political aspects of the therapist are handled.

Cost of the workshop, April 29

- Registration fee until March 10 is 90 euros
- Registration fee after March 10 is 110 euros
- For family therapy students (II and III level training) reduced fare 75 euros

How does the learning take place in all workshops?

To exemplify Milan Family Therapy Model demonstration and video examples will be provided. In order to practice skills, role-playing games and techniques will be used. It is beneficial to introduce your own case, offered is the supervision of clinical situations through role-playing games and demo sessions. Therapists are welcomed to bring in their clients enabling Umberta Telfener consultative demo sessions. Workshop is active and every theoretical idea is explained through exercises and games.

Requirements for passing workshops: the certificate will be issued in case of full participation.

Location: Tallinn (will be specified)

Time: 27.-28.04 from 10 am - 6 pm and 29.04 from 9-16.

Registration: in order to participate in one or both workshops, please fill in the registration form in here: <https://forms.gle/kkFzacyx11ZQFSSL7> Registration ends at **April 24, 2020**.

UMBERTA TELFENER:

Clinical psychologist Umberta Telfener is Milan Systemic Family Therapy school teacher and one of the first systemic school of thought representatives in Italy. She has been a docent for 20 years at La Sapienza University. She has a private practice since 1976. Her students have been family therapists like Lynn Hoffman, Salvador Minuchin, Jay Haley, Carl Whitaker, Carlos Slusky, Barlio Montalvo, Harry Aponte, Luigi Boscolo, and Gianfranco Cecchin. She has published books and articles in Italian and in English. She is a member of the board of EFTA-TIC. You can read more from here:

www.systemics.eu

